

Dr. David Katz

- Founding Director, Yale University's Prevention Research Center
- President, American College of Lifestyle Medicine
- Director, Integrative Medicine Center

David L. Katz MD, MPH, FACPM, FACP, earned his BA degree from Dartmouth College (1984; in 3 years); his MD from the Albert Einstein College of Medicine (1988); and his MPH from the Yale University School of Public Health (1993). He completed sequential residency training in Internal Medicine (Norwalk Hospital, CT; 1991), and Preventive Medicine/Public Health (Yale University School of Medicine; 1993). He is a two-time diplomate of the American Board of Internal Medicine, and a board-certified specialist in Preventive Medicine/Public Health. He has received two Honorary Doctorates (Humane Letters; L.H.D.) from the University of Bridgeport (2013), and Quinnipiac University (2015).



Dr. Katz is the founding director (1998) of Yale University's *Yale-Griffin Prevention Research Center*; President of the *American College of Lifestyle Medicine*; Editor-in-Chief of the journal, *Childhood Obesity*; Chief Science Officer for *NuVal LLC*; founding director (2000) of the Integrative Medicine Center at Griffin Hospital; and a Clinical Instructor at the *Yale School of Medicine* where he previously served as Director of Medical Studies in Public Health. He is on numerous editorial and scientific advisory boards, chairing several. A clinician, researcher, author, novelist, inventor, poet, journalist, and media personality, Dr. Katz is the recipient of numerous awards and recognitions. He has been a widely supported nominee for the position of U.S. Surgeon General, and has been recognized by *Greatist.com* as one of the 100 most influential people in health and fitness in the world for the past 3 years (2013-).

Dr. Katz was among the original 150 thought leaders invited by LinkedIn to blog as an INfluencer, and currently ranks in the top 45 on a list that includes the President of the United States; the Prime Minister of England; the Prime Minister of India; the Secretary General of the United Nations; the President of the World Bank; Bill Gates; Richard Branson; Arianna Huffington, among many other notables. He has appeared on most major television news programs and talk shows in the U.S., and is a frequent guest on National Public Radio programs around the country. He is a frequent source for print journalists around the world. He has a social media following of well over 500,000.

Dr. Katz holds 5 U.S. patents. He has authored over 200 scientific papers and chapters, 15 books, and more than 1,000 columns and blogs.

Dr. Katz is recognized globally for expertise in nutrition, weight management and the prevention of chronic disease. He has delivered addresses in numerous countries on four continents, and has been



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acclaimed by colleagues as the “poet laureate” of health promotion.

Dr. Katz and his wife, Catherine S. Katz, PhD live in Connecticut. They have 5 children, 3 dogs, and a horse.